

The summer vacations are done and it's time to return to 'regular' school. We the teachers of the Bombay Cambridge Gurukul are going to be so delighted to welcome back students with positive energy and dedication to excel in this wish you a bright future and all the success in your life. amazing year of our school.

As the famous movie RRR goes as Rise, Roar, and Revolt. You, students, need to remember the three R's while you come back to school, that is, you should be Relaxed, Recharged, and Ready for a new school year.

Every new academic year is a blessing as you progress in learning and stepping ahead in life finding new ways and methods to make life better for the future. Make sure to stay with the three R's so that you have a positive attitude from day one about your schooling, it gives a great feeling for better learning. Establish a good learning attitude and a routine to practice good things in life that will make your future bright.

Submitted by Ms. Jodale Pereira **Teacher (DSRVB)** 

# COVID BLUES, HAVE WE CONQUERED IT? YES!!!!

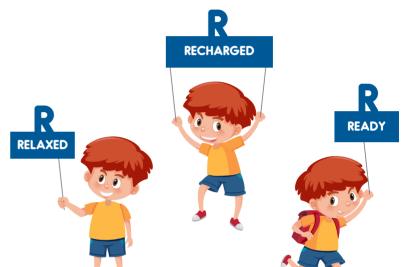
Congratulations, Dear Students, For having conquered the Covid blues, for rising up and not giving up hope, for the unquestionable spirit, for having the courage to withstand such a drastic change in the mundane tasks. We, the teachers, salute you for your efforts to get back to your routine schedule with elan. The prolonged period of exposure to the online platform, and lack of social interaction, cooped up in one place for hours, did not deter you from getting back to the standard schooling easily. We appreciate the very fact that our students are true heroes. We are indeed proud of you. Keep going!!!

You may have to face many new or unthinkable challenges in the upcoming academic year. If you have the right attitude to maneuver your ways, then you would be able to rise up to any exceptional situation. You must keep yourselves updated, be it the world news, new skills, new language, or new technology. Learning must never stop under any circumstances.

Students, you being the future citizens of our country, must be ever ready to chalk out a plan to overcome any obstacle that hinders you to move ahead in life. We have complete faith in your ability to recover readily and face demanding situations well. We will be there as facilitators, to enable you to embark on a new journey.

Gear up for the new academic year and recreate the magic with your determination to excel in all that you undertake. Absorb all that you could from the ocean of knowledge. Keep smiling, life will smile back at you!!! Take good care of yourself. Stay happy, stay healthy! Our best wishes.

Submitted by Ramya Vettath Teacher (VBSIS)



make your dreams come true. So set great goals for

yourselves and try and achieve them with all your strength. I



### JUNE 13 - PAST AND PRESENT

Hurray! Here is the day you will wear me and look smart and elegant. Wait a minute...You have to wear me too, to protect you from rain. Oh, the brown dress that you have draped me with makes me feel so proud, so please carry me too. Hey, listen! Don't forget to wear me, to protect your soft feet from getting wet. IN THIS MANNER MY UNIFORM, RAINCOAT, BOOKS, and SHOES would speak to me on the first day of school and I would feel jittery, apprehensive, and nervous.

My salad days how different they were and now here I am on the first day of school where neither the raincoat nor the uniform talks to me because it's me, the teacher, who will do all the talking. Now I don't feel jittery or anxious but stand confidently with my arms open wide to welcome my students who are nothing but like the beautiful and vibrant rainbows in the sky.

# Submitted by Ms. Seema George Teacher (BCISE)



# **BACK TO SCHOOL**

Summer vacation is coming to an end, which means it's time to pack your bags and prepare for another exciting academic year. This time of year has always been exciting for me, whether it was as a student years ago or now as a teacher.

My school memories are still vivid in my mind. When I take a stroll down memory lane, I recall how excited I was as a child to begin the new school year. The curiosity of walking into my new classroom, meeting my friends after a long break, and wondering who would be the class teacher was an amazing experience. and wondering who would be the class teacher was an amazing experience.

Submitted by Ms. Anitha Poojari Teacher (BCISW)



This also included getting a new set of stationery, covering my new books, and encouraging myself to be a better version of myself for the upcoming academic year.

Even after all these years now as a teacher, with the intention of inspiring future generations and making a difference in the lives of youngsters, I still eagerly await the first day of school to greet my students for the new school year. Meeting them and making cards and charts for them is a whole different experience.

A new academic year brings new opportunities and challenges. Welcome to the new academic year.

welcome

# **SCHOOL BUS**

# FIRST DAY OF ONLINE SCHOOL vs FIRST DAY OF OFFLINE SCHOOL

Everyone has dreamed of achieving something in life. I always wanted to become a teacher.

On 18th March 2020, everything changed. We entered into 'Online Classroom Teaching' mode which, I had never heard of. We had to go through a lot of training to give our best during online Classroom Teaching. To make our students believe that this is a new positive experience in their life that they will always remember.

The first day of my Online Classroom Teaching experience was amazing, affable as it was something new. Though I was composed and confident about the entire process, somewhere at the beginning, I was a little apprehensive as I had never taught my students through the computer. It was always face-to-face, in a classroom setting, using chalk and board.

Using a computer for accessing the smart board in the classroom was different and teaching online the entire batch of 50 students was different.

When we teachers were told about Online Teaching, thousands of questions ran into my mind. How to teach Online? How to teach without using chalk and board? How will I know whether students comprehended the topic taught? But, on the first day of online

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teaching, all these questions took a back seat and the experience of teaching students on the first day of Online Classroom got etched in my memories.

After almost 2 years of Online Teaching, we began with the offline school. By now, I had already reached the comfort zone of teaching students online. And now shifting to Offline school brought mixed feelings inside me. Though I was very excited and elated but also somewhere in corner of my heart I went through the same feelings that I experienced during the first day of my Online Teaching.

The thought of being able to see my students, and talking to them face to face with no technological barrier in between delighted me. As this new academic year will start and take its course and we all will be busy with our work, the experience of Teaching Online Classroom during Pandemic time will always remain as an anecdote, a memory that I can share with my students in the future.



#### **TECHNOLOGY-BASED TEACHING-LEARNING**



Durina COVID-19 **Teaching-Learning** process was revamped completely. Technology entered the education system and opened up new avenues of online learning. I would like to compare the Online learning process to a film and the Offline learning process to a drama. In Offline learning, the learners are spectators and they watch each and every move of the teacher. In other words, they see and learn, whereas, in Online learning, learners can be compared to an audience where learners just listen to the teacher.

The first day of Online learning was very interesting. The teachers were trained Online to conduct Online classes whereas the students were guided through videos to download classrooms and join the online classes. Now the internet turned out to be a spoilsport in the smooth working of the classes. Some teachers

and learners faced net problems continuously. In between the class, students were thrown out because of the weak net or because of data pack limits. Some students kept coming in and going out and teachers had a tough time as they had to repeat what they taught all over again.

The first day of Offline classes was like a reunion between learners and teachers. Teachers were not able to recollect the names of learners as well as recognise some learners because of growth-related changes in the learners. Height and facial features had changed completely so it was difficult to recognise them. Learners were very excited to meet their teachers face to face and that was quite visible from their bright, smiling faces. In the end, I would like to add that Online and Offline both are effective mediums of education and their success depends on the user.

Submitted by Ms. Shabana Adenwala Teacher (BCISE)

# THE JOURNEY FROM ONLINE TO OFFLINE SCHOOL

"The only source of knowledge is experience." - Albert Einstein

Very few words can sum up so effectively, the past many months. The closure of school due to the pandemic and the subsequent transition to online teaching and learning has indeed been an invigorating experience.

Learning and equipping ourselves to the best of our abilities, so that we in turn could be helpful to our learners was a steady, if at times, frustrating progress. The joy of learning new skills and ways to teach was somewhere overshadowed by the fact that we were unable to meet our students or be in school physically.

It was a bittersweet moment to meet the learners who joined school physically, once school began. Adapting once more to the challenges of offline and online teaching simultaneously, was a mammoth task.

This we were able to scale with the support of our colleagues, heads, and sheer grit. In the end, I would like to add that, yes, it was a momentous task, but, nothing is so difficult, that it's impossible to achieve through hard work and team spirit.

"The best teamwork comes from men who are working independently toward one goal in unison." - J. C. Penney

Submitted by Ms. Zobar Rizvi Teacher (VBSIS)

## TRICKS AND TIPS TO GEAR UP FOR THE NEW ACADEMIC YEAR

As the summer vacation concludes, you may be looking forward to the new school year or dread the early mornings. Transitioning from sunglasses to reading glasses is not easy, but it's a good idea to start planning ahead of time. Follow the tips and tricks below to ease yourself back into your studies and prepare for the upcoming academic year with a positive frame of mind.

#### Be pragmatic and realistic

Consider how you can improve on the previous year. You might want to get a certain grade or improve your work efficiency. Set and pursue attainable goals.

#### Stay organised

At the beginning of the school year, systematize textbooks and course materials. Attempting to manage due dates and planning ahead of time for busy periods can aid in preventing assigned tasks and evaluations from piling up. A time chart can help you organize your study time as well as extracurricular activities. This will help you succeed by improving your performance.

#### Begin small and study wisely

If you have a large assignment coming up, motivate yourself by completing a portion of it every few days. Excellent study skills can boost your confidence, competence, and self-esteem, as well as help you overcome test and deadline anxiety.

#### Establish a routine

Make a study and recreation schedule and stick to it. You will feel more confident and secure if your daily activities are predictable and familiar.

#### Create anti-stress techniques

Music, meditation, sports, reading a book, socialising with friends, and getting enough sleep can all help you manage stress and rebalance your life. Only by overcoming your anxieties and recognising your worth will you be able to perform well.

Use these simple tips to help you optimise your Term so that you return to the classroom feeling organised and recharged. Remember that you primarily work for yourself. Allow this to be your sole motivation.

Submitted by Ms. Roselin Mascerhenes Teacher (DSRVM)



# SPREADING OUR WINGS TO NURTURE KIDS













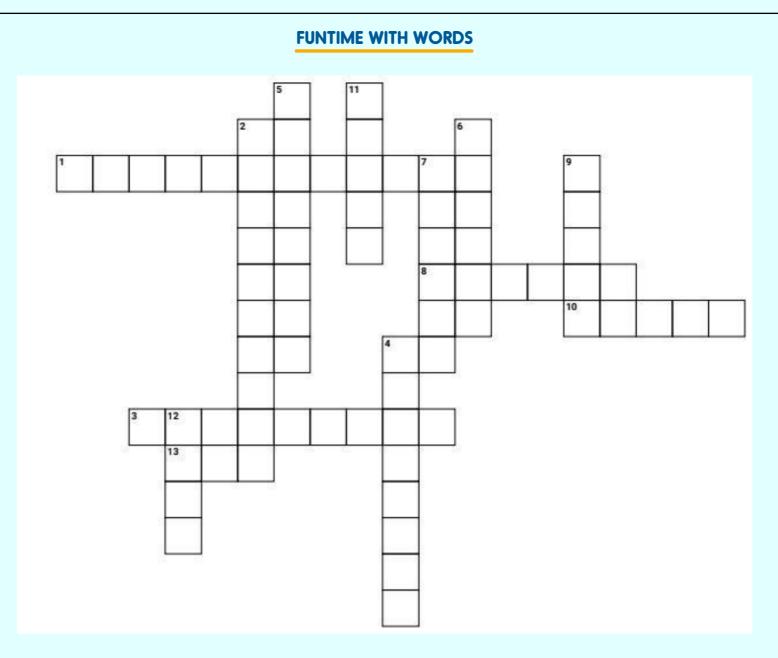












#### Across

1. Used to put up charts

- 3. Colorful crepe paper rolls used for decoration, we too have used them at times in our classroom
- 8. Helpful when you make a mistake
- 13. Previous standard current standard

#### Down

- 2. The student council performs on the \_\_\_\_\_
- 4. We should study and \_\_\_\_\_
- 5. Each year we are given with a new \_

6. Provided by school every new academic year, unique to everyone \_\_\_\_\_

- 7. It's time to eat and spend time with friends
- 9. We \_\_\_\_\_ our books every year to protect them
- 11. Is not allowed
- 12. After lockdown we all wish to go to trips and \_\_\_\_\_

## **ANSWERS**

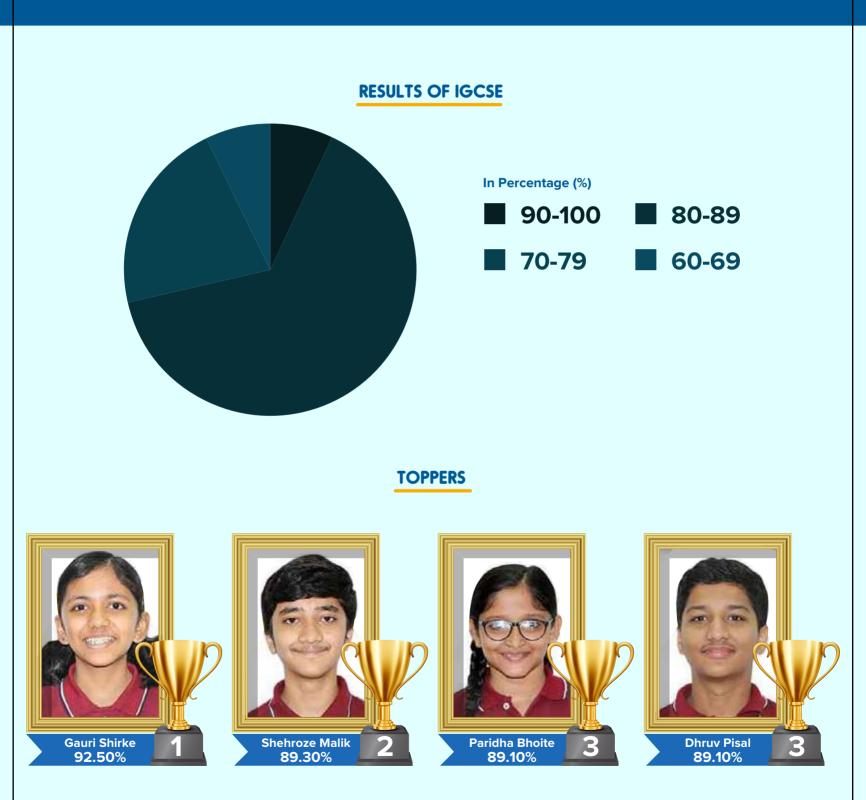
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J3' ONE	6' CONER	4. WORKHARD
12. TOUR	8. ERASER	3. STREAMERS
11. PHONE	2. RECESS	5. PEACECODE
YUIAA .01	6. IDCARD	1. FLANNELBOARD

# SCHOOL CORNER

Dear Students,

Heartiest Congratulations dear students on the excellent results for the IG Board exam. May this be the beginning of more spectacular achievements in your life ahead !!! Congratulations to Parents and teachers too on this achievement !!!!

Ms. Rochelle Burgess Principal (VBSIS)



Did you like our newsletter? Do send your feedback and share your stories of positivity in real life. Be a part of the movement to build a positive and harmonious society. Write to us at studentcouncil@vbsis.org